



Week Ending:
Friday 17th March 2023



@Green_MeadowPS

Dear Parents,

Happy Red Nose Day everyone! Today, everyone at school joined thousands of people up and down the country to support Red Nose Day 2023 and raise money by holding a non-uniform day and wearing something red for the day. The Rights Respecting Steering Group did a great job collecting all of the donations and together, we have raised an incredible £ 167 already! Well done, everyone!

Thank you to all of you who came along to our parents' evenings this week to meet with teachers and look at your child's learning. There was a real buzz around school and it was wonderful to see the children sharing their books so proudly with you and hear them talking about what they have learned. I'm sure you'll agree that the progress that everyone has made since the beginning of the year really stands out and the effort the children are putting into improving and polishing their presentation is superb. We hope that you found your meetings informative and can see how much progress your child is making. If you were not able to attend for any reason, please contact your child's teacher as I know they will be happy to arrange a time to talk to you.

Well done to Tolkien class who performed a superb class assembly to get the week off to a really positive start. Their acting was superb and they thoroughly enjoyed sharing what they have been learning in their topic about Ancient Greece so confidently! Well done also to both of our Year 5 classes who have had their first week of swimming lessons this week. They are all doing superbly well and becoming more confident in the water with a range of different strokes each and every day!

And finally, some very exciting news! Last week we learned that Sport Birmingham met with Mr Latham, Excelsior MAT PE lead, and awarded us the GOLD Pathway to Podium mark. This is in recognition of our excellent opportunities our children have to get involved in PE and sport in school and the highly positive impact this is having on the health and wellbeing of our children at Green Meadow! A special thank you to Mr Brooks for being such an amazing coach and to Mr Latham for all of the support he provides.



Have a great weekend, everyone.
Miss Arrowsmith

Diary Dates March 2023

Monday 20th

Year 5 - Swimming Lessons

Afterschool Clubs:

Year 5 & 6 - Cricket

Year 1 Coding Club

Years 5&6 Touch Typing Club

Tuesday 21st

Year 5 - Swimming Lessons

**Year 1 Outdoor Learning Kit
Needed**

Year 2 & 3 PE Kit Needed

Afterschool Clubs:

**Year 1 & 2 - Team Building
Games**

Wednesday 22nd

Year 5 - Swimming Lessons

**Year 4 Outdoor Learning Kit
Needed**

Reception PE Kit Needed

Thursday 23rd

Year 5 - Swimming Lessons

Years 4 & 1 PE Kit Needed

Afterschool Clubs:

Reception - Gymnastics

Friday 24th

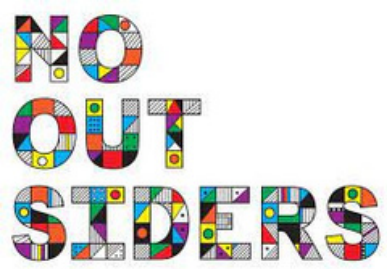
Year 5 - Swimming Lessons

Afterschool Clubs:

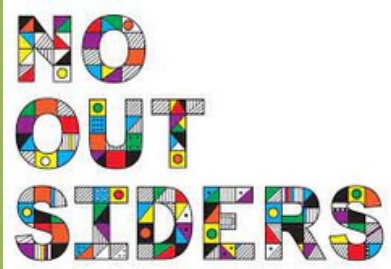
Year 3 & 4 - Basketball

Year 5 & 6 PE Kit Needed





NO OUTSIDERS OPEN LESSONS



Throughout the Spring Term, we are very excited to invite parents to No Outsiders open lessons so that you can work with your child as they learn about diversity, difference and British Values in school.

The lessons will be taught by Mr Moffat and your child's class teacher and will involve a story, lots of discussion with your child followed by an art activity.

They will take place in the hall and last for about half an hour. The No Outsiders open lessons are always enjoyable and we love to have parents come along to take part.

Year 2 open lesson - Monday 27th March

Year 5 and Year 6 open lessons TBC.

Please look out for individual class invites over the coming weeks.

Thanks for your support.

YEAR 1

AFRICAN DANCE WORKSHOP

Year 1 will be taking part in an African Dance Workshop on Wednesday 29th March and will need to come into school in their PE kits please.



The Green Meadow Offer - Parent's coffee sessions!

As part of the Personal Development section of our School Development Plan this year, we have been working on developing our wider curriculum. The wider curriculum includes trips, visits, experiences and opportunities we can offer the children outside of the national curriculum subjects to enhance their learning. At Green Meadow we firmly believe that wider experiences alongside a broad, balanced and ambitious curriculum offer enable children to learn deeply, giving them the knowledge and cultural capital they need to succeed in life.

As part of this work, we have developed the Green Meadow Offer. This exemplifies the additional wider experiences we can offer the children during their seven years with us. We sent you the first draft of the offer last week.

We welcome your comments, thoughts and suggestions around developing the offer. We would like to invite you to a coffee session on either Tuesday 21st March at 9am or on Thursday 23rd March at 2.45pm to comment on and share the wider experiences you would like to see as part of the Green Meadow Offer.

Thank you in advance for taking the time to share your views. We hope to see you at the coffee sessions





We've had yet another hugely successful week of OPAL lunch times on Monday, Tuesday and Wednesday. There's been a musical theme this week and the highlight for the children has been the addition of a musical instruments box!



The children have been keen to tell us what they have enjoyed the most:

"I like the sounds you can make on the glockenspiels."

"I love the crutches; you can use them in so many ways. Can we get some more please?"

"We enjoy the wheeled crates because they go really fast."

"The suitcases are so much fun to pull each other along in."



Thank you for your support in providing your children with wellies or trainers to play football or play on the grass in. We ask children to change their shoes if they are playing on the grass so that they don't have wet feet for the rest of the day and so that mud is not brought back into school. The field is muddy in places so it would be great if children can bring in waterproof trouser or spare joggers to put on if they have any at home.

Can you help? Next week's collection...The children love playing with the crutches and suitcases. If you have any spares at home that you no longer want, instead of throwing them away, please bring them in to school as the children would love some more to get creative and play with. Thank you for your support!



If you haven't yet filled in the parent OPAL survey, please do. It will help to inform our school play policy. Here is the link: <https://www.surveymonkey.co.uk/r/262F9YB>

Thank you for your continued support.

Mrs Desogus: OPAL Co-ordinator

Mrs D'Auncy: OPAL Play leader

WEEKLY ASSEMBLY



ASK YOUR CHILD TO TELL YOU ABOUT THE STORY BEHIND THESE PICTURES AND HOW THEY LINK TO BRITISH VALUES.



S.M.A.R.T.

S **SAFE** Keep safe by being careful not to give out personal information – such as your full name, email address, phone number, home address, photos or school name – to people you are chatting with online.

M **MEETING** Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present.

A **ACCEPTING** Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!

R **RELIABLE** Information you find on the internet may not be true, or someone online may be lying about who they are.

T **TELL** Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.
You can report online abuse to the police at www.thinkuknow.co.uk

It has been brought to our attention this week that some of the children in Year 5 and 6 have set up groups on WhatsApp and, in a couple of instances, said some unkind things to one another and we have then needed to spend time in school addressing any problems caused. To help answer some of the questions you have about WhatsApp, we have attached a parents' guide later in the newsletter. As you will see, the recommended age for using WhatsApp is 16 which is well above the age of any of our children in school. To support your child to stay safe online at home, please monitor your child's use of any of the social media platforms.



What Parents & Carers Need to Know about WHATSAPP



WhatsApp is the world's most popular messaging service, with around two billion users exchanging texts, photos, videos and documents, as well as making voice and video calls. Its end-to-end encryption means messages can only be viewed by the sender and any recipients: not even WhatsApp can read them. Updates to its privacy policy in 2021 (involving sharing data with parent company Facebook) caused millions to leave the app, but the new policy was widely misinterpreted – it only related to WhatsApp's business features, not to personal messages.

WHAT ARE THE RISKS?

SCAMS

Fraudsters occasionally send WhatsApp messages pretending to offer prizes – encouraging the user to click on a link to win. Other common scams involve warning someone that their WhatsApp subscription has run out (aiming to dupe them into disclosing payment details) or impersonating a friend or relative and asking for money to be transferred to help with an emergency.

DISAPPEARING MESSAGES

Users can set WhatsApp messages to disappear in 24 hours, 7 days or 90 days by default. Photos and videos can also be instructed to disappear after the recipient has viewed them. These files can't be saved or forwarded – so if your child was sent an inappropriate message, it would be difficult to prove any wrongdoing. However, the receiver can take a screenshot and save that as evidence.

ENABLING FAKE NEWS

WhatsApp has unfortunately been linked to accelerating the spread of dangerous rumours. In India in 2018, some outbreaks of mob violence appear to have been sparked by false allegations being shared on the app. WhatsApp itself took steps to prevent its users circulating hazardous theories and speculation in the early weeks of the Covid-19 pandemic.

POTENTIAL CYBERBULLYING

Group chat and video calls are great for connecting with multiple people in WhatsApp, but there is always the potential for someone's feelings to be hurt by an unkind comment or joke. The 'only admins' feature gives the admin(s) of a group control over who can send messages. They can, for example, block people from posting in a chat, which could make a child feel excluded and upset.

CONTACT FROM STRANGERS

To start a WhatsApp chat, you only need the mobile number of the person you want to message (the other person also needs to have the app). WhatsApp can access the address book on someone's device and recognise which of their contacts also use the app. So if your child has ever given their phone number to someone they don't know, that person could use it to contact them via WhatsApp.

LOCATION SHARING

The 'live location' feature lets users share their current whereabouts, allowing friends to see their movements. WhatsApp describes it as a "simple and secure way to let people know where you are." It is a useful method for a young person to let loved ones know they're safe – but if they used it in a chat with people they don't know, they would be exposing their location to them, too.

Advice for Parents & Carers

[CLICK HERE](#)

CREATE A SAFE PROFILE

Even though someone would need a child's phone number to add them as a contact, it's also worth altering a young person's profile settings to restrict who can see their photo and status. The options are 'everyone', 'my contacts' and 'nobody' – choosing one of the latter two ensures that your child's profile is better protected.



EXPLAIN ABOUT BLOCKING

If your child receives spam or offensive messages, calls or files from a contact, they should block them using 'settings' in the chat. Communication from a blocked contact won't show up on their device and stays undelivered. Blocking someone does not remove them from your child's contact list – so they also need to be deleted from the address book.



REPORT POTENTIAL SCAMS

Young people shouldn't engage with any message that looks suspicious or too good to be true. When your child receives a message from an unknown number for the first time, they'll be given the option to report it as spam. If the sender claims to be a friend or relative, call that person on their usual number to verify it really is them, or if it's someone trying to trick your child.



LEAVE A GROUP

If your child is in a group chat that is making them feel uncomfortable, or has been added to a group that they don't want to be part of, they can use WhatsApp's group settings to leave. If someone exits a group, the admin can add them back in once; if they leave a second time, it is permanent.



THINK ABOUT LOCATION

If your child needs to use the 'live location' function to show you or one of their friends where they are, advise them to share their location only for as long as they need to. WhatsApp gives a range of 'live location' options, and your child should manually stop sharing their position as soon as it is no longer needed.



DELETE ACCIDENTAL MESSAGES

If your child posts a message they want to delete, WhatsApp allows the user seven minutes to erase a message. Tap and hold on the message, choose 'delete' and then 'delete for everyone.' However, it's important to remember that recipients may have seen (and taken a screenshot of) a message before it was deleted.



CHECK THE FACTS

You can now fact-check WhatsApp messages that have been forwarded at least five times, by double-tapping the magnifying glass icon to the right of the message. From there, your child can launch a Google search and decide for themselves whether the message was true or not.



Meet Our Expert

Parven Kaur is a social media expert and digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media arena and is the founder of Kids N Clicks: a web resource that helps parents and children thrive in a digital world.



National Online Safety®

#WakeUpWednesday

Green Meadow partners with Kitt Medical to provide emergency allergy protection

Severe allergic reactions (called 'anaphylaxis') can be fatal within 10 minutes unless they're treated immediately with an adrenaline auto-injector pen (AAI). But studies have found that almost half of those with allergies don't carry their own pens - they're either forgotten or out of date.

On top of this, anyone can actually develop an allergy to anything at any time in their lives... in fact, 20% of serious anaphylaxis incidents that occur in schools across the UK happen to children that didn't know they had any allergies.

After a student named Karanbir Cheema died as a result of a severe allergic reaction to cheese at his school in 2017, legislation in the UK changed - allowing schools to purchase spare AAIs which can be used by anyone, for anyone, in an emergency. That's why Zak Marks – Co-Founder & CEO of Kitt Medical who lives with a severe nut allergy - created the now award winning 'Anaphylaxis Kitt' service, to be 'just like a defibrillator, but for allergies'.

Through their service, Green Meadow will receive a yearly supply of adrenaline pens to be stored in the accessible wall mounted emergency 'Kitt'. All school staff will also get access to Kitt's very own online CPD accredited training course, to help increase awareness of allergic conditions and preparedness to treat anaphylaxis.

In Zak's own words: "I've lived with severe allergies for as long as I can remember and have always found it to be a burden. Whether it's not knowing where/what I can eat, being scared I could have an allergic reaction, or just always having to carry two adrenaline pens on me at all times, it unfortunately creates a daily inconvenience - one which I wanted to try and solve. I'm so excited that we're now creating a new standard for allergy care with schools and academies across the UK"

There's an estimated 1-2 children with allergies in every school classroom in UK, which is why leaders across the education sector like Jon Needham, Director of Safeguarding at Oasis Multi-Academy Trust have called the innovative service a "no brainer".

Mrs Cross from our school had this to say about the partnership: "We are delighted to be partnering with Kitt Medical. Their excellent training and service is second to none and our children are all the safer for having the emergency 'Kitt' in school. "

You can visit the Kitt Medical website : [Anaphylaxis Kits | Emergency Allergy Medication | UK Schools \(kittmedical.com\)](https://www.kittmedical.com) Schools to find out more about the Anaphylaxis Kitt.



Menu Kids



WEEK COMMENCING 20TH MARCH 2023

CITY KITCHEN YOUR MENU Week THREE				
Monday	Tuesday	Wednesday	Thursday	Friday
FishFingers Vegan Bites Jacket Potato with Cheese & Beans Assorted Sandwiches	Chicken Curry Vegetable Curry Jacket Potato with Cheese & Beans Assorted Sandwiches	Roast Chicken With Gravy Fish Goujons Jacket Potato with Cheese & Beans Assorted Sandwiches	Cottage Pie Vegetable Cottage Pie Jacket Potato with Cheese & Beans Assorted Sandwiches	Cheese & Tomato Pizza Pepperoni Pizza Fish Goujons Jacket Potato with Cheese & Beans
Tomato Pasta Sweetcorn	Rice Carrots	Creamed Potatoes Mixed Vegetables	Creamed Potatoes Peas	Chips Baked Beans
Fresh Seasonal Salad Bar Available Every Day With Bread Baked Fresh Daily				
Selection Of Fresh Fruit & Yogurts Available Daily				
Jam Doughnuts	Flapjack	Assorted Cookies	Chocolate Crunch	Strawberry & Vanilla Mousse
ADDITIONAL MENU OPTIONS AVAILABLE DAILY				
Vegetarian Options Available Daily. For Any Allergen/Dietary Requirements Please Speak To The Catering Supervisor				
MADE FRESH				

School meals are £2.35 per day, payable via Arbor, for years 3, 4, 5 & 6, unless you are entitled to free school meals.

Please note that for Reception, Year 1 and Year 2 ALL children are entitled to universal free school meals.